

ZOOMER

CANADA

WIN!
ULTIMATE
GALAPAGOS
TRIP P. 27

FOR 40s 50s 60s 70s 80s PLUS

**SEX
+ DATING**
18 EXPERT TIPS
FOR EVERY AGE

spring
CHECKLIST

- COFFEE BREAKS
- STYLE UPDATE
- AGE SPOT Rx
- MOTHER'S DAY BRUNCH

DOWNSIZED!
ARE YOU READY
FOR EARLY
RETIREMENT?

MONEY
MAKING SENSE
OF LOCKED-IN
SAVINGS
PLUS:
SCAM ALERT

**HEALTH
CARE**
FINALLY A
GOOD NEWS
STORY



SHE'S ONE!

**NIA
VARDALOS**

HER BIG FAT LIFE
WINNIPEG TO
HOLLYWOOD TO
MOTHERHOOD
AT 46

PHOTOGRAPHY BY
BRYAN ADAMS

GO!
**SEVEN
GREAT
CITIES**
extra
NEW YORK
FOR LESS

**TRUE
PATRIOT LOVE**
BEATING OLYMPIC
WITHDRAWAL
CELEBRATING
THE AVRO ARROW

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